

# April 2009

April 2009							May 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
5	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15	16	17	18	10	11	12	13	14	15	16
19	20	21	22	23	24	25	17	18	19	20	21	22	23
26	27	28	29	30			24	25	26	27	28	29	30
							31						

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Mar 29	30	31	Apr 1	2	3	4
Mar 29 - Apr 4							
	5	6	7	8	9	10	11
Apr 5 - 11	8:00pm Practice ; Mei	4:00pm Work out Pra	6:30pm RUN TRAININ	4:00pm Work Out Pra		4:00pm Work Out Pra	
	12	13	14	15	16	17	18
Apr 12 - 18	No Practice Easter Su	4:00pm Work out Pra	6:30pm RUN TRAININ	4:00pm Work Out Pra		4:00pm Work Out Pra	
	19	20	21	22	23	24	25
Apr 19 - 25	8:00pm Practice ; Mei	4:00pm Work out Pra	6:30pm RUN TRAININ	4:00pm Work Out Pra		4:00pm Work Out Pra	
	26	27	28	29	30	May 1	2
Apr 26 - May 2	8:00pm Practice ; Mei	4:00pm Work out Pra	6:30pm RUN TRAININ	4:00pm Work Out Pra			

# May 2009

May 2009							June 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				
31													

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr 26 - May 2	Apr 26	27	28	29	30	May 1 4:00pm Work out Pra	2
	3 8:00pm Practice; Merl	4 4:00pm Work out Pra	5 6:30pm RUN TRAININ	6 4:00pm Work Out Pra	7 6:00pm No gear prac	8 Spring Camp; NDSS	9 Spring Camp; NDSS
May 3 - 9	10 Spring Camp; NDSS	11 Off Day	12 Off Day	13 4:00pm Work Out Pra	14	15 4:00pm Work Out Pra	16 Cambell River Kids Ca
	17 Cambell River Kids Ca	18 OFF DAY	19 6:30pm RUN TRAININ	20 4:00pm Work Out Pra	21	22 4:00pm Work Out Pra	23
May 10 - 16	24 8:00pm Practice ; Mei	25 4:00pm Work out Pra	26 6:30pm RUN TRAININ	27 4:00pm Work Out Pra	28	29 4:00pm Work Out Pra	30
May 17 - 23							
May 24 - 30							